

Friday, 8/17

Read: Psalm 90: 12-17. The knowledge of your frail and finite existence should implore you to make the best of your days. The confession of your sins should bring satisfaction and rejoicing into your days. The beauty of God's mercy will "establish the works of your hands."

Devotion: In the course of your everyday life who do you serve? Can you honestly say you are serving God? Are you making the best of each day, or are you allowing time to slip away? Are you taking full hold of the satisfaction and comfort to be found in God's mercy?

Pray: For a life that is fully committed to serving God everyday in a joyful manner, giving praise and glory to His name.

Saturday, 8/18

Read: Psalm 100:1-5. God is indeed the One "who has made us." By his sovereign control, we "are His people and the sheep of His pasture." God has molded our lives, and through His mercy, has given us the ability to act as His ambassador.

Devotion: Consider your present state in Christ. Reflect upon the truth that God has made you one of "His people", the sheep of His pasture." You are one called out of your sin into a life of service to the eternal God.

Pray: That you would always be giving thanks with a grateful heart for what God has and is doing in your life.

"Give Thanks"

Smith

Give thanks
With a grateful heart,
Give thanks to the Holy One;
Give thanks because He's given
Jesus Christ, His Son.
(repeat)

And now let the weak say,
"I am strong."
Let the poor say, "I am rich"
Because of what
The Lord has done for us.
(repeat)

Give thanks.

Taking Gathered Worship Home



Family and Individual Devotions

Meditations in Psalms 90

Week of August 12, 2007

The Praise of God

This Psalm is the only Psalm ascribed to Moses and is the first of several that defines the sovereignty of God. It describes the great gulf between God and man. While God is eternal, self-existent and infinite, man is the clay. While a man reconciled to God can reflect in small measure some of the attributes of God, our humanity always places a limit on how deeply we are able to reflect those attributes. .

Sunday, 8/12

Read: Psalm 90, like many, is a prayer. The prayer of a true man of God who seeks to reflect on the nature of both God and himself. We also learn a great deal about how to pray by examining the process of the prayer found in Psalm 90. First, attention is directed to the wonder of the nature of God. Second, the frailty of man before such an awesome God, particularly the sin that possesses his life. Finally, there are prayers of petitions and supplication.

Devotion: Read Psalm 90:1-17. Focus on the manner in which Moses prayed. Consider how you have been praying. Has the perspective of your prayer been appropriate? Are you first reflecting on God, then on the frailty of your life in comparison? Are you praying for wisdom in how to better reflect the character of God?

Pray: That your own prayers would bring you into a fuller appreciation of God and a desire to be more like Him.

Monday, 8/13

Read: Psalm 90:1-2. God is to be praised for all that he has done, and glorified for His eternal and sovereign nature. God has always been the dwelling place of his people. God has always been a place where refuge and help are to be found, where His very eternal nature provides comfort.

Devotion: Look at the way God has affected your life. Consider the ways he has influenced your life even before you acknowledged his existence. Can you more fully see his presence? Does this make you even more appreciative of his participation in your life?

Pray: Your prayer would first give God the praise and glory that is due Him, especially reflecting on His presence in your life.

Tuesday, 8/14

Read: Psalm 90:3-4. God has sovereign control over man. Whatever purpose God has for a man's life, that is the purpose for which that man's life will be lived. God's eternal nature also presents a great disparity between God's timing and our timing. While a thousand years is an "eternity" for us, it is but a day to the truly eternal God.

Devotion: Do you believe God has sovereign control over your life? Do you understand that God is the potter and you are the clay? Does the sovereignty of God help you better understand that God's timing is not always the same as our timing?

Pray: You would appreciate the sovereign role of God in your life. That this appreciation would help you understand past, present and future events in your life.

Wednesday, 8/15

Read: Psalm 90:5-6. Here Moses turns from his primary reflection on God to a sober assessment of the nature of man. Man is like the grass, which flourishes for a time, then is "cut down and withers." Like grass, even man for a time can be healthy and productive. But there is an end to his time.

Devotion: Make sure you have a proper perspective on your life. That you understand the health and productiveness of your present life will not always remain. A proper attitude towards the frailty of your life will enhance the fruit produced in the present and in the future.

Pray: The proper understanding of your life will cause you to endeavor to be productive making the most efficient use of the time that God provides you.

Thursday, 8/16

Read: Psalm 90:7-11. Your understanding of God's wrath and the sinfulness in your life is the beginning of wisdom. You are to especially understand that God sees this sinfulness, and regardless of how smart you think you are in hiding sin from other men, they cannot be hidden from God. Your sin makes you the object of God's wrath.

Devotion: As you have learned of the sinfulness of your life, also remind yourself that sin brings the wrath of God upon you. That God knows all of your sin and there is nothing you can hide from Him.

Pray: You will be intellectually and spiritually honest about the presence of sin in your life. That you would confess and turn from that sin.